



Podiatric Medicine and Surgery Residency with Reconstructive Rearfoot and Ankle Credential

NYC Health + Hospitals Bellevue

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Established in 1736, Bellevue Hospital stands as a respected institution within New York City and holds the distinction of being one of the oldest continuously operating public hospitals in the United States. Throughout its illustrious history, Bellevue has consistently been a pioneer in the realm of medical advancements and patient care, epitomizing a sanctuary of healing for a multitude of individuals. The hospital's PMSR/RRA Podiatric Residency program is exemplary of its dedication to medical education, celebrated for its exhaustive curriculum and skill in podiatric surgery. Within the expansive Bellevue medical community, residents are afforded the rare opportunity to collaborate with preeminent medical professionals across a spectrum of specialties, thereby acquiring a wealth of knowledge within a multifaceted and stimulating healthcare setting. Bellevue Hospital, with its unwavering dedication to medical excellence and its storied heritage, remains an influential force in sculpting the healthcare landscape of tomorrow while paying homage to its prestigious lineage.

We would like to extend a warm welcome to you as you begin your externship journey with the Bellevue Hospital PMSR/RRA Podiatry Residency Program. This guidebook serves as a reference guide to understanding the program's structure, objectives, expectations, and evaluation criteria, ensuring a rewarding and enriching experience during your externship.

The Bellevue Hospital Podiatric Medicine and Surgery Residency Program provides comprehensive training in podiatric medicine and surgery. As an extern, you will have the opportunity to observe and actively participate in patient care alongside experienced podiatric surgeons and physicians. Throughout the externship, you will gain exposure to a wide range of podiatric conditions, surgical techniques, and interdisciplinary collaboration within the dynamic healthcare environment of Bellevue Hospital.



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Clerkship Objectives

The objectives of the Clerkship Program at Bellevue Hospital can be articulated with a heightened degree of professionalism as follows:

1. **Comprehensive Exposure:** Students will immerse themselves in the extensive domain of podiatric medicine and surgery, encompassing a wide array of conditions such as foot and ankle pathologies, diabetic foot care, trauma care, and advanced reconstructive surgical procedures.
2. **Clinical Skill Enhancement:** The program is designed to refine student's clinical acumen, encompassing patient assessment, accurate diagnosis, strategic treatment planning, and meticulous postoperative care.
3. **Evidence-Based Practice:** A core tenet of the Clerkship program is to instill a robust understanding of evidence-based medical principles and their application to surgical decision-making within the field of podiatry.
4. **Diverse Patient Demographics:** The curriculum emphasizes the importance of understanding the unique demographics of Bellevue Hospital's patient population, which includes a spectrum of underserved groups and a wealth of cultural diversity.
5. **Interpersonal and Collaborative Skills:** A significant focus is placed on the cultivation of superior communication abilities and teamwork dynamics through continuous engagement with patients, peers, and the broader multidisciplinary healthcare teams.
6. **Current Medical Knowledge:** The program ensures that students are well-versed in the latest therapeutic products, comprehensive medical documentation practices, and the ethical frameworks pertinent to podiatric medicine.

These objectives underscore the program's commitment to fostering a learning environment that not only advances the medical expertise of its residents but also contributes to the overarching mission of Bellevue Hospital in providing exemplary healthcare services.



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Clerkship Structure

The clerkship offered by Bellevue Hospital is a meticulously structured program that extends over a period of **four to five weeks**. It is designed to provide an immersive experience across the full spectrum of clinical environments within the institution. This includes the **outpatient clinics**, where diverse patient interactions occur, the **surgical suites**, which are the epicenters of cutting-edge surgical interventions, the **inpatient units**, where comprehensive patient management is paramount, and the **emergency department**, known for its fast-paced and critical nature.

Under the mentorship of our attending surgeons, clerks are presented with a unique opportunity to actively participate in a variety of patient care activities. These range from direct patient interactions to performing surgical procedures, managing inpatient care, and engaging in a series of educational pursuits designed to enhance clinical knowledge and skills.

This program is an invaluable conduit for aspiring medical professionals to not only observe but also contribute to the dynamic field of podiatric medicine, within the context of Bellevue Hospital's commitment to healthcare excellence.



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Clerkship Didactics

Goals

1. Enhance the Clerkship experience through structured academic activities.
2. Foster growth in critical thinking, public speaking, academic lecture preparation, and evidence-based practice.
3. Ensure participation in all educational opportunities offered during the clerkship.

Didactic Attendance Policy

Clerks are required to:

1. Attend all Monday Didactic Sessions,
2. Complete Journal Club presentations and lecture requirements,
3. Attend all in-services and attending-led clinical skills sessions.

Didactic Schedule Overview

- **1st Monday:** Journal Club Article (submit article 1 week prior).
- **2nd Monday:** Assigned Topic Lecture.
- **3rd Monday:** Journal Club Article (submit article 1 week prior).
- **4th Monday:** Case-Based Lecture.
- **5th Monday** (if applicable): Journal Club Article (submit article 1 week prior).

Components

The following are components integrated into the weekly **Monday Didactics/Journal Club Sessions**:

1. **Journal Club Presentation**
2. **Assigned Topic Lecture**
3. **Case-Based Lecture**
4. **Mandatory Attendance**



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1. Journal Club Presentation

- Clerks will select and present a peer-reviewed article during Didactics/Journal Club Sessions, alongside residents.
- Articles should be submitted **one week prior** to the presentation. Please email out PDF of the article(s)/topics to the entire Bellevue Podiatry team.
- Presentations should focus on:
 - Study methods
 - Findings
 - Clinical applications/implications
- Emphasis should be on recent, high-quality studies relevant to podiatry.
- This will occur during the **1st, 3rd**, and, if applicable, **5th Monday sessions** of their rotation.

2. Assigned Topic Lecture

- Clerks will receive an assigned topic with their Clerkship Welcome email and a copy of the handbook.
- The assignment includes a **15–20 minute presentation** using slides and incorporating current article reviews.
- Presentations are scheduled for the **2nd Monday session** of the rotation.

3. Case-Based Lecture

- Clerks will select a patient case highlighting:
 - An interesting diagnosis/pathology,
 - A treatment/surgery, or
 - A complication.
- The assignment includes a **15–20 minute presentation** using slides and integrating a case work-up and current article review.
- Scheduled for the **4th Monday session** of the rotation.

4. Mandatory Attendance

- Clerks must:
 - Attend all weekly Didactics Sessions,
 - Fulfill Journal Club and lecture requirements,
 - Attend all in-services and attending-led clinical skills sessions.
- Performance evaluations will include satisfactory completion of these tasks.



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Expectations

The Bellevue Hospital PMSR/RRA Podiatric Residency program delineates the following expectations for its participants, articulated with a professional tone:

1. **Professionalism:** Clerks are expected to exemplify the pinnacle of professionalism, integrity, and ethical behavior in every facet of interaction, whether with patients, fellow colleagues, or hospital staff.
2. **Engagement:** A high level of engagement is anticipated, characterized by active involvement in clinical duties, a zealous approach to learning, and the readiness to assume responsibilities as allocated by the podiatric attending physicians and residents.
3. **Confidentiality:** There is an absolute mandate to rigorously comply with patient confidentiality norms and HIPAA directives to safeguard the privacy and integrity of patient data.
4. **Initiative:** Clerks are encouraged to manifest initiative by actively seeking educational opportunities, volunteering for supplementary tasks, and exhibiting a forward-thinking attitude towards their externship tenure.
5. **Feedback:** An openness to receive and assimilate constructive criticism from mentors and colleagues is crucial, leveraging such evaluations as a catalyst for the enhancement of clinical competencies and knowledge.

These expectations are integral to the ethos of the residency program, ensuring that each participant not only contributes to but also thrives within Bellevue Hospital's esteemed tradition of medical excellence.

Absence Policy

Notification Process

- **Unplanned absences:** Notify the following individuals immediately:
 - **Dr. Anuj Singh** (Email: anuj.singh@nychhc.org),
 - **Dr. Adam Falivene** (Email: adam.falivene@nychhc.org; Text: (832) 928-9362),
 - Your school's Clerkship Coordinator (cc on email).
- **Planned absences:** Must be approved prior to your start date. Please notify the program and secure documented approval from your school's Clerkship Coordinator. You will **not** be granted any date extensions past your assigned month to make up for any extended time off if your Educational School inquires.



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Health and Safety

- Clerks must prioritize their well-being to ensure effective learning and patient safety.
- If unwell, refrain from attending and notify relevant contacts immediately.
- Above all, take the time to enjoy your experiences at Bellevue Hospital

Evaluation

During the Clerkship at Bellevue Hospital, your performance will be assessed against a set of established benchmarks derived from your podiatric academic institution. These criteria encompass:

- **Clinical Competency:** Demonstrating adeptness in podiatric medical procedures and patient care.
- **Professionalism:** Upholding the highest standards of conduct and ethical practice.
- **Communication Skills:** Effectively articulating medical information and engaging in clear dialogue with patients and colleagues.
- **Teamwork:** Collaborating seamlessly with healthcare professionals to deliver optimal patient care.
- **Initiative:** Exhibiting a proactive stance in clinical situations and educational opportunities.
- **Didactics:** Participation and performance in all components of externship didactics program will be evaluated.

The regular feedback process is designed not only to monitor your progress but also to encourage continuous personal and professional growth within the field of podiatry.

Directions to Bellevue Hospital

Subway:

Take the 4, 5, or 6 train to the 28th Street station. Walk east on East 28th Street toward 1st Avenue. Turn left onto 1st Avenue, and continue walking north. Bellevue Hospital will be located on your right, between East 27th Street and East 30th Street.

Bus:

Several bus routes serve Bellevue Hospital. Take the M15, M34, or M34A-SBS bus to the stop near 1st Avenue and East 28th Street. From there, walk north on 1st Avenue. Bellevue Hospital will be on your right.

Car:

From the FDR Drive, take exit 7 for East 23rd Street. Merge onto East 23rd Street and continue westbound. Turn right onto 1st Avenue, and continue north. Bellevue Hospital will be located on your right, between



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East 27th Street and East 30th Street.

Contact Information

- Bellevue Hospital Main Number: (212) 562-4141
- Clerkship Director, Dr. Adam Falivene adam.falivene@nychhc.org.
- Website: [About Bellevue - NYC Health + Hospitals \(nychealthandhospitals.org\)](http://nychealthandhospitals.org)

Housing

We are eager to support your externship experience, however, we are unable to provide housing recommendations or assistance. We recommend exploring various housing options independently, such as temporary accommodations, sublets or rental listings in the area.

Exploring New York City

Exploring New York City offers an exhilarating experience filled with vibrant culture, iconic landmarks, and diverse neighborhoods. To ensure a safe and enjoyable experience, consider utilizing reliable transportation options such as the subway system or reputable ride-sharing services. Plan your itinerary in advance, prioritizing well-known attractions during daylight hours and avoiding isolated areas at night. Stay vigilant in crowded areas, safeguarding personal belongings and staying alert to your surroundings. Embrace the city's culinary scene by patronizing reputable eateries and exploring local cuisines. Take advantage of guided tours or mobile apps for navigation and insider tips on hidden gems.



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Typical Schedule

Expectations

- Start Time: 7:30AM Monday through Friday with weekends (emergency surgery) being optional if you wish to participate.
- End Time: When sign out is usually given to the covering service.
- Dress code: Scrubs/white coat.
- As a clerk, you cannot **PLACE ANY** order within the Electronic Medical Record (Epic) or VERBALLY authorize any orders or changes to pre-existing orders.
- Rounds
 - Call room: Hospital building CD 4th Floor.
 - The door code for the Call Room will be given to you on the first day.
 - You will be responsible for assisting the team in preparing supplies needed prior and during dressing changes when rounding.
 - Be organized and prepared for question regarding the Inpatients as you round.
- During Rounds
 - Assist the team in any manner during dressing changes or when performing bedside procedures like I&D, biopsies, joint aspirations...
- Ambulatory Clinic – Bellevue Hospital
 - Ambulatory building 1A - Monday, Tuesday, Wednesday, Friday
 - Assist in the evaluation, treatment plan and care of the patient.
- Operating Room
 - OR BLOCK TIME:
 - Monday, Tuesday, Wednesday, and Friday (as add-on cases for emergency procedures) and Thursday for both elective and emergent cases. There are also the possibilities for Saturday based on urgent needs that cannot wait until the following Monday (usually trauma / potential septic crisis).
 - When preparing the OR for the case, please work with the resident in preparing the Surgical Plan and be aware of the surgical procedure for the case as well as having to prepare a sample Operative Report highlighting the steps in the case.
 - **You are expected to prepare Operative Notes for all cases you scrub to review with the attending that was on the case.**

Most of all: **Don't forget to have fun and maximize your experience with Bellevue!**