

Ascension Wisconsin

Podiatric Medical and Surgical Residency Program

PMSR-RR/A

Student Clerkship Manual

2025-2026



Program Leadership



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Administration



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2025-2026 Residents

3rd Year Residents



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2nd Year Residents



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1st Year Residents



John Albert, DPM Cell Phone: 319-551-5184 Email: john.albert@ascension.org



Rami Alkhadra, DPM Cell Phone: 630-841-9891 Email: rami.alkhadra@ascension.org



Gage Griffin, DPM Cell Phone: 847-990-0048 Email: gage.griffin@ascension.org

*For all questions prior to participation in Ascension externship, please email second year residents.

Facilities

NORTH:

- CSM-Milwaukee (CSM) 2301 N. Lake Dr., Milwaukee, 53211
- CSM-Ozaukee (SMO/Oz) -13111 N. Port Washington Rd, Mequon, 53097
- St. Elizabeth Appleton (students will not rotate here).

SOUTH:

- St. Joseph's Outpatient Center (OC) 201 N. Mayfair Blvd; Wauwatosa, WI
- St. Joseph's Hospital (SJH) 5000 W. Chambers Ave; Milwaukee
- St. Francis Hospital (SFH) 3237 S. 16th St.; Milwaukee, WI
- St. Francis Wound Care Clinic 2025 W. Oklahoma Blvd; Milwaukee, WI
- Elmbrook Hospital (EMH) 19333 W. North Ave; Brookfield, WI
- Franklin Hospital (FRK) 10101 S. 27th St.; Franklin, WI
- All Saints (ASH) 3801 Spring Street, Racine, WI (students will not rotate here)

Other Facilities:

- West Allis Hospital (WAM)-8901 W. Lincoln Ave; West Allis, WI (students will not rotate here)
- Wisconsin Health Surgery Center (WSC) -3305 S. 20th St., Milwaukee, WI
- Milwaukee Surgical Suites (MSS)- 6495 S 27th St, Franklin, WI 53132 (no students)

<u>Attending Faculty Clinics</u>: One half day clinic will be required with each of the Residency Training Committee attendings during "Clinic Week." The locations of these are listed on the Google calendar.

Men's Locker Information:

WAMH (138) 28-34-28 St. Francis (40) 18-0-22 St. Joe's (366) 24-0-46 Elmbrook (141) 42-18-10 OC (38) 11-15-35 Oz: Surgery code 7531* (84) 25-31-11 SMM: (2002) 32-34-20

SFH door code to lounge: 3531*

Female Locker Information: WAMH 532 to get into lockers Oz: door code 7874; any open locker SMM: (2326) 31-21-3

Other clinics residents have available include (but are not limited to):

Advanced Foot and Ankle: Dr. Henke, Dr. Kokat 1. 19035 W Capitol Dr. Brookfield, WI 53045 2. 733 N Pine St. Burlington, WI 53105 3. 9969 S 27th St. Suite 320. Franklin, WI53132 4. 2500 W Layton Ave, Suite 170. Milwaukee, WI 53221

<u>Ascension-Gateway Medical Clinic</u>: Dr. Dei 801 S. 70th Street, West Allis, WI

<u>Ascension- Rawson clinic</u>: Dr. Dei 7400 W Rawson Ave, Franklin, WI 53132

Ascension-Grafton Medical Clinic: Dr. Gorman 2061 Cheyenne Ct, Grafton WI

Ascension-Prospect Medical Commons: Dr. Krebsbach, Dr. Boudreau 2311 N Prospect Ave, Milwaukee WI 53211

Aspen Orthopedics: Dr. Wilson and Dr. Amiot

- New Berlin office: 12255 W. National Ave, Suite 100, New Berlin, Wisconsin 53151

 Phone (262): 395-4141
- 2. Brookfield (Elmbrook Hospital): 19475 W. North Ave, Suite 201

Third Coast Foot & Ankle: Dr. Meier

1. 3333 N Sunnyslope Rd. Suite 103A New Berlin, WI 53151 (414)-806-7292

Extern Check-in and Supplies needed:

- 1. Complete the Medical Student Orientation steps, sent in your welcome letter, 30 days prior to your orientation.
- 2. Professional dress clothes and school lab coat for clinic only (scrubs are provided by rotation sites and white coats are not required while in the hospital). Students may not wear their own scrubs.

Arrival:

- Please arrive at CSM Milwaukee campus (2301 N Lake Dr.) on Sunday prior to the start of Rotation for orientation. Meet at the second floor entrance of the main parking garage.
- A second year resident will be in charge of coordinating with students and facilitating your month here. He/she will be in contact to schedule a meeting time with all students.
- During the initial meeting, you can expect an overview of the month, badge distribution, orientation and a brief tour.

Extern Responsibilities:

- 1. Arrive 30-45 minutes prior to the scheduled surgical case.
- 2. Review current literature and prepare for all upcoming surgical cases to the best of your abilities.
- 3. Participate fully in surgical, clinical, and didactic experiences with residents and faculty.
- 4. Answer all questions via email response
 - Students will be asked questions throughout the day's surgical/clinic/academic activities/others.
 - The student is responsible for answering these questions via email by midnight that day.
 - Responses should be <u>emailed to all 9 residents</u> and the attending if applicable
 - Students are expected to send responses with a citation. Journals/original research preferred. If you use McGlamry's please also include a secondary source such as a research article.

5. Externs are responsible for <u>checking the Google calendar</u> nightly and during the day for any changes. Residents will update the schedule for changes every day at 8am and 8pm

- 6. Create a <u>10 minute PowerPoint presentation</u> on an assigned topic. Presentations will take place during the fourth week of the rotation.
 - Week One: submit presentation topic ideas (top 3 choices) and email to all residents by FRIDAY 8pm

o Topics should be specific, are meant to be a literature review and should answer a clinical/surgical question

- Week Two: residents will return top votes. When your topic is finalized by resident votes, begin putting together your presentation and reach out to 2nd year residents with questions
- Week Three: continue working on presentation and literature review

Week Four: present to residents, and fellow students

- o This presentation is meant to be a literature review, rather than a basic topic overview. It should be given with the intent of discussion, and at a level consistent with resident and attending knowledge base. **10 minutes.**
- 6. Students can expect a 4-week rotational experience (there will not be a 5th week) with one week each devoted to primarily the:
 - North campus surgical experience
 - South campus surgical experience
 - On-call week
 - Clinic week

Didactic activities

Each week during rotation, there will be 1-2 didactic activities in which students will be expected to participate:

- Board Review hosted by Dr. Beth (virtual)
- Practice Management hosted by Dr. Meier
- Journal Club hosted by Dr. Henke students will present articles
- Medicine/Topic Review/Case Presentations hosted by Dr. Gorman (virtual)
- Radiology Review with Dr. Nowak/Shasta Orthopedic F&A Fellowship in California (virtual)
- Student Presentations: All residents

Student workshops

will be held throughout the month, and these will be hosted primarily by residents and organized around case/clinic schedule:

- AO workshop typically during the 1st week
- Suturing workshop bring suture kit/materials if applicable
- Saw Bones workshop or cadaver lab, if applicable

- Student checklist packet: this is a list of skills that students will accomplish throughout the month. This is meant for reference and students are responsible for seeking out experiences to meet goals. List is attached at the end of this packet.

General Information:

Daily Hours

- Day typically begins at 6:30 am, but may vary.
- Round on inpatients with residents (call student)
 - This will vary weekly, but expect to start Monday AM. Text the resident with whom you are on call for more specific directions. Half week on north/half south. Call student will also attend all add on/call cases
- Aid residents until all daily duties are complete.
 - Attend all academic sessions (which are evenings/afternoons typically 2x/week).

Meals

CSM hospitals provide oatsmeal/pastries/fruit etc for breakfast and soup lunches in the doctors' lounges. Badge access required. All facilities offer the option of self-pay cafeteria options or nearby restaurants.

Rotations

During the month, externs rotate with the teaching faculty. Time will be spent in the OR, various hospitals, and a variety of private practice clinics.

Dress Code

Students are expected to wear a student Ascension badge, visible at all times while on campus. Scrubs are to be worn in the OR and may be worn throughout the hospital. For the clinic, please wear professional dress, including white coat with a nametag.

Conflicts

If any conflicts or problems arise while on rotation, please follow chain-of-command and address with second year resident first. Issues will be handled expeditiously and confidentially. If you feel conflicts or issues need to be escalated, please contact the Program Director, Dr. Randall L. Dei directly.

Dismissal

A student may be dismissed from the rotation if a serious infraction occurs. This may include but is not limited to: unprofessional conduct, absenteeism, theft, or HIPAA violations. Review and possible dismissal will be at the discretion of the Clerkship Committee on a case by case basis.

Academics

Weekly academics as listed in this packet, including resident-led workshops and attending-led didactic sessions. Topics will evolve in complexity throughout the calendar year and will be described in detail upon arrival. Presentations are on topics of student choosing, voted on by residents, and given the last week every month. Didactics and resident workshops are required attendance. Dinners and labs are optional, but highly encouraged.

Externship Rotation

Students will have their rotation month organized into four weekly rotations including one week each of North campus surgery, South campus surgery, on-call time, and clinic. If the month consists of 5 weeks, students will be dismissed after completing the regular 4 weeks. All students are expected to stay until Friday of 4th week until surgical cases are completed.

Student Selection

Externship is encouraged for residency selection, but not required. The Ascension -Wisconsin Podiatric Residency Program PMSR-RR/A will participate in the CASPR/ CRIP interview and match process. The externship will be available to third and fourth year podiatry students from all podiatric schools. Students may apply for the months of February (3rd year) - January (4th year). A maximum of 4 students will be selected to extern for any given month. While there is no minimum GPA required, students with a GPA of 3.25 or greater are encouraged to apply.

STUDENT CHECKLIST & EXPECTATIONS

Daily Expectations

- □ Text residents to keep the team updated for case coverage/changes in schedule. Text second year contact for **any, and all, concerns** which may arise during the month.
- □ Throughout your month here you will be asked **questions** which may be beyond your base knowledge. The expectation is that you record these questions, look up the answers, type a thorough but succinct answer (with references) the same night you were asked the question. Once you have completed your daily list of questions, email this to the attending who asked the question and all the residents.

OR expectations

Please arrive 30-45 minutes prior to scheduled case time. Students will learn to set up the OR including drawing local anesthetic, arrange lights, prep tourniquet, bump, and gloves retrieval. (Cases designated as "NS" signifies "No student")

Determinants of the weekly schedule

- o There will be 3-4 students rotating during any given month. Students will be assigned to schedule A, B, C, or D.
- o Student A:
 - Week 1: North surgery
 - Week 2: South surgery
 - Week 3: on call
 - Week 4: clinic
- o Student B:
 - Week 1: South surgery
 - Week 2: on call
 - Week 3: clinic
 - Week 4: North surgery
- o Student C:
 - Week 1: on call
 - Week 2: clinic
 - Week 3: North surgery
 - Week 4: South surgery
- o Student D:
 - Week 1: clinic
 - Week 2: North surgery
 - Week 3: South surgery
 - Week 4: on call
- □ Vendor Presentations/Cadaver Lab (Varies Monthly)

Sample month schedule

Week 1:

- □ Orientation: Tour, paperwork, ID badges, keys, Google calendar orientation.
 - O While on a surgical week, that student will have the first pick of that campus's surgeries. Please put your <u>name on the Google calendar</u> next to the resident name. ("NS" = "No student" for that case)
 - -Always text the resident the night before the case.
 - Clinic student picks cases third, after surgical students; then On-call student as time permits. □

Resident workshop: AO Basics

- □ Board Review with Dr. Beth (Typically Tuesday/Wednesday)
- \Box **Presentations: topics** due by end of 1st week Friday, 8pm

Week 2:

- □ Journal Club with Dr. Henke: (Typically Monday/Tuesday)
- □ Vendor Presentations/Cadaver Lab (Varies Monthly)
- □ Presentations: Continue working on end of month presentation weeks 2 and 3

Week 3:

- □ Practice Management lecture with Dr. Meier
- □ Radiology conference with Dr. Nowak/Shasta Ortho Fellowship in CA
- □ Resident Workshop: Suturing
- □ **Radiology Review:** with various attendings (typically Thursday).
- □ **Presentation**: refine and edit. Practice!

Week 4:

- □ Final **Presentation**/ **Exit interview**. 4th week AM. (Remember to keep the presentation at 10 minutes, with 5 minutes following for questions.)
- □ Medicine Review with Dr. Gorman (Typically Tuesday.)
- □ Email the final presentation to residents following exit interview.
- $\hfill\square$ Return Clerkship blinded rotational evaluation
- $\hfill\square$ Return badges and keys.

Student Objectives

Skills to be completed during the rotation month

SKILL ATTENDING/RESIDENT SIGNATURE

Operating Room Skills:

- Place tourniquet
- Draw local injection with epi ratio
- Perform digital block
- Perform Mayo block
- Perform Ankle block
- Assist in Popliteal block
- Practice Case Dictation

Suturing Skills:

- Hand tie: double
- Hand tie: single
- Perform simple sutures
- Perform horizontal mattress sutures
- Perform running subcuticular sutures

Clinical Skills

- Perform a Diabetic Foot Exam
- Ulcer Debridement
- Nail Procedure
- Identify Gait Types
- Perform a Biomechanical Exam (see form)
- Radiographic Read with diagnosis and treatment plan
- Patient Case workup

Admission/Rounding Skills

- Learn necessary prerequisites for admission status/orders
- Assist in daily rounding: dressing changes/notes

Things to Do in Milwaukee for Students

Attractions & Culture

- Milwaukee Art Museum Iconic Calatrava architecture with large modern art collection
- Milwaukee Public Market Popular Third Ward destination with local vendors and quick eats.
- 3rd St. Market Hall indoor bars, games, restaurants
- Harley-Davidson Museum Exhibits on motorcycles and American industry, plus Thursday Bike Nights.
- **Downer Avenue** Walkable strip with local bookstores, coffee shops (Stone Creek), and an independent theater (Downer Theatre).

Cheap & Good Eats

- Kopp's Frozen Custard Burgers and custard
- Zaffiro's Pizza East side MKE thin crust pizza.
- Kawa Ramen & Sushi ramen and sushi bar on Prospect Ave
- **BelAir Cantina** Trendy taco spot w/ happy hour deals and outdoor seating on Downer Ave or Water st.
- YoFactory Build-your-own froyo located on Farwell Ave

Outdoor Activities & Trails

- Oak Leaf Trail 120 mile biking/walking trails, access at Summit ave and Lafayette St. or behind the McDonald's on North Ave
- Lake Park, Veterans park large parks right on lake Michigan, often have festivals or events happening
- Lake Park Golf Course 18-hole Par 3 course very close to main hospital
- Bradford Beach & Lakefront Path
- Whitnall Park / Boerner Botanical Gardens Suburban trail loop and gardens 20 min southwest

Local Neighborhoods to Explore

- Brady Street Lively stretch with bars, boutiques, restaurants, live music on weekends
- Third Ward Upscale district with galleries, cafés, and the Public Market.
- Tosa Village ~12min from downtown, walkable area with breweries, Coffee, shops, parks
- **Riverwest** Artsy, eclectic neighborhood