



Podiatry Externship

Welcome to Sanford Health Fargo Podiatry Externship!

Contacts:

Program Director:

Dr. Tim Uglem, DPM
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Program Coordinator:

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Residents:

Nathan Fischer, DPM, PGY 3
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Dr. Lamya El Nihum, DPM, PGY 1
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Dr. Katie Herron, DPM, PGY 1
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Please contact the residents first. If they are unable to answer your question, they will direct you to the correct person.

Podiatric Medicine & Surgery and Residents



Dr. Nathan Fischer

PGY 3
Western University of Health Sciences,
School of Podiatric Medicine



Dr. Ryan Jameson

PGY 3
Rosalind Franklin University, Scholl College
of Podiatric Medicine



Dr. Brandon Nagel

PGY 2
Des Moines University, College of
Podiatric Medicine



Dr. Sarah O'Brien

PGY 2
Des Moines University, College of Podiatric
Medicine



Dr. Lamya El Nihum

PGY 1
New York College of Podiatric Medicine



Dr. Katie Herron

PGY 1
Kent State University, College of Podiatric
Medicine

Attendings:



Timothy Uglem, DPM
Program Director



JP Naughton, DPM
Core Faculty



Brad Anderson, DPM



Richard Arness, DPM



Derek McLister, DPM

Locations:

Sanford Medical Center Fargo (West Campus)
5225 23rd Ave S
Fargo, ND 58104

Sanford South University
1720 S University Dr
Fargo, ND 58103

Sanford Broadway Medical Center (North Campus)
801 Broadway Dr N
Fargo, ND 58102

On the first day of your rotation, you will report to the South University Campus for orientation. You may park in the employee/patient parking lot across the street. Take the B elevator to the Foot and Ankle clinic on the 4th floor.

Dress Code:

- Clinic attire is business casual.
- White coat is generally not required, but some attendings prefer that it be worn while seeing clinic patients.
- Scrubs for surgery will be provided.
- See Student Dress and Grooming Policy for other expectations.

What to Bring:

- White coat
- Study materials
- You do not need any tools for this rotation.

Typical Schedule:

Mondays: Surgery in AM with Dr. McLister, clinic in PM.

Tuesdays: Surgery in AM with Dr. Uglem, clinic in PM.

Wednesdays: Surgery in AM with Dr. Arness, Academics from 1-5 PM.

Thursdays: Surgery in AM with Dr. Naughton, clinic in PM.

Fridays: Surgery in AM with Dr. Uglem and/or Dr. Anderson, clinic in PM.

Weekends: Expect to be on call for 1 weekend of your choice during your rotation.

Times: First surgery starts at 7:00 AM, be dressed and ready by 6:30 AM on surgery days. Clinic starts at 8:00 AM. Expect to work until 4:30 PM most days unless told otherwise.

Student Responsibilities and Expectations:

- Be on time. Do not ask to leave early.
- You will scrub cases in the OR, and shadow attendings in clinic.
- You will not be responsible for any patient notes or orders.
- Ask a resident to print the daily surgery schedule for you so you can be prepared for cases.
- Be helpful in the OR. Help with patient positioning, putting on tourniquet, splinting, and transferring the patient to the bed after the case is over. If you are unsure what to do, ask how you can help.
- You are not responsible for drawing up local anesthetic.
- You should be in the OR soon after the patient enters and before the resident is in the room. You should not leave the OR until after the resident leaves.
- If you have questions about a case, wait until the case is over, or at the end of the day to ask. Do not ask questions in the middle of cases or in front of patients.
- Do not be on your cell phone while you are with a patient.
- When you are on call, it is your responsibility to look up which resident is on call with you and contact them the night before.
- At the end of the month, you will be responsible for preparing a 10-15 minute presentation on a topic of your choice, approved by Dr. Uglem and residents.

If you have any other questions, please do not hesitate to contact us. Thank you!



STUDENT DRESS AND GROOMING POLICY

PURPOSE

The purpose of the Student Dress and Grooming Policy is to clarify expectations about student appearance. It is important that all students project a professional image and reflect Sanford's commitment to high quality, safe, and compassionate care.

POLICY

The following standards apply to all students throughout the organization. In some service areas, more specific guidelines may be established as appropriate.

STANDARDS FOR ALL STUDENTS

Good judgment, which includes modesty, cleanliness, and neatness, is the main guideline to follow in dressing appropriately for student experiences.

Clothing must be clean, well fitted, pressed, and appropriate for the service area and the student role. Excellent personal hygiene is expected at all times.

Use of fragrances is discouraged, as this may be offensive or cause allergic reactions for some patients or associates.

Jewelry should be conservative.

Body piercings and tattoos, if not covered by clothing, should not be a disruptive issue for employees or be offensive to our patients.

Extremes in hairstyle or hair color should be avoided.

Hats are not appropriate unless part of an approved uniform.

Exceptions to dress codes may be made to accommodate religious practice.

Name badges must be worn at all times. They should be worn above the waist and visible to patients, family members and employees.

INAPPROPRIATE DRESS

Jeans or other denim pants or skirts

Form-fitting, skin-tight clothing, such as leggings, tights, and tight knit tops

High-slit skirts, short or mini-length dresses or skirts

Excessively baggy pants or tops

Low-cut blouses or tops, "tank" tops, and crop tops

See-through clothing or bare midriffs

Athletic style sweatshirts, T-shirts, and sweat suits; wind pants

Shorts

Clothing that is patched, torn, or faded

Flip-flops

ENFORCEMENT

All students are responsible, as a condition of placement at Sanford Health, for complying with this policy. Students who make inappropriate dress or grooming choices may be sent home to change into acceptable attire or remove offensive odors.