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# Externship Manual

Virginia Mason Franciscan Health St. Francis Hospital Podiatric Residency 2025-2026 Academic Year





One of the first year residents will contact you at least one week prior to the start of your externship in order to establish a time and place to meet on your first day. You will typically obtain your official hospital ID badge at this time and take a tour of the main campus at St. Francis Hospital.

### Third Year Residents:

Lauren A. Likewise, DPM (253) 944-4177

Email: laurenlikewise@gmail.com

Trevor S. Page, DPM (253) 944-4177

Email: tspageaz@gmail.com

### **Second Year Residents:**

Whitney Branham, DPM (253) 944-4177 Email: whitneybranham3@gmail.com

Thomas O. Lancaster (253) 944-4177

Email: thomasolancaster@gmail.com

### **First Year Residents:**

Rambod Aznavaleh, DPM (253) 944-4177

Email: raznavaleh@gmail.com

Emily Kuta, DPM (253) 944-4177

Email: kuta.emily@gmail.com



# **Faculty**

### Chad Farley, DPM

Program Director, Podiatric Residency

### Paul Scott, DPM

Externship Director

### Todd Chappell, DPM

Assistant Director, Research Director

### Alissa Mayer, DPM

Academic Director

Eric Allen, DPM Chris Bock, DPM

Rebecca Brickman, DPM

Paul Coulter, DPM

Michael Frazier, DPM

Daniel Greenan, DPM

Nicholas Heath, DPM

Gene Knutson, DPM

Christo Koulisis, MD

Thomas Landino, DPM

Eddie Lo, DPM

Lance Nethercott, DPM

Theresa Nguyen, DPM

Walter Payne, DPM

Tyler Scheinost, DPM

Gavin Smith, DPM

Ronald Sorensen, DPM

Ryan Stone, DPM

Lalita Turaga, DPM

Kaitlyn Ward, DPM

Megan Wilder, DPM



Oliver Knauer, DPM (2025)

Joshua Smith, DPM (2025)

Ravneet Sandhu, DPM (2024)

Jenniferlyn M. Droll, DPM (2024)

Samuel Caine, DPM (2023)

Stephen Rockhill, DPM (2023)

Olga Drogomiretskiy, DPM (2022)

Claire Yearian, DPM (2022)

Lindsey Hjelm, DPM (2021)

Tyler Reber, DPM (2021)

Kelsey Millonig, DPM (2020)

Stephanie Oexeman, DPM (2020)

Amanda Kamery, DPM (2019)

Mallory Schweitzer, DPM (2019)

Anthony Romano, DPM (2018)

Kaitlyn Ward, DPM (2018)

Todd Chappell, DPM (2017)

Christyn Rossiter, DPM (2017)

Casey Ebert, DPM (2016)

David Larson, DPM (2016)

Megan Wilder, DPM (2015)

Nick Dang, DPM (2015)

Scott Berg, DPM (2014)

Kenneth Hegewald, DPM (2014)

Sarah Shogren, DPM (2013)

Sara Zelinskas, DPM(2013)

Craig Clifford, DPM (2012)

Kevin McCann, DPM (2012)

Jarrod Smith, DPM (2011)

Jeff Korab, DPM (2010)

Christopher Bock, DPM (2009)

Paul Scott, DPM (2007)

Chris Taylor, DPM (2006)

Stacey Perry, DPM (2005)

Chad Farley, DPM (2004)

Bryan Thompson, DPM (2003)

Scott Smith, DPM (2002)

Mark Lewis, DPM (2001)

Kevin Koester, DPM (2000)

Petrina Lewis, DPM (1999)

Greg Poole, DPM (1998)

Tyson Williams, DPM (1997)

Suzanne Wilson, DPM (1996)

Howard Cox, DPM (1995)

Lisa Williams, DPM (1994)

Paul Coulter, DPM (1993)

Suzanne Wilson, DPM (1992)

Terry Felts, DPM (1991)



During your externship, we expect you to be professional, enthusiastic and inquisitive. Keep in mind that your professional interactions and general attitude throughout the month will be taken into consideration during the interview and match process.

- For the most part, you will shadow one of the residents each day and scrub into surgeries as allowable. The chief residents will set the surgical schedule each week and assign cases for you to scrub into or observe. We expect you to follow the direction of the senior residents in these case assignments, in a collaborative, team-oriented manner.
- Ask at each facility about their typical protocol, as some places would prefer that you wait outside the room until the patient is asleep. Introduce yourself to operating room staff, grab your gloves/ gown and write your name on the board for the circulating nurses.
- Badges are to be worn at all times while on hospital campuses and may be obtained on your first day at the program through our security department.
- Meals and housing are not provided by Virginia Mason Franciscan Health during externships.

Our hospital system regulations and bylaws unfortunately do not allow student externs to participate in the care of patients in clinic settings or during in-patient rounding. The residents will give you a very accurate representation of what their clinical experience through residency entails. However, at this time, you will spend the majority of your time accompanying us in the operating room and participating in academic events. You will definitely not spend your time here doing "scut" work for the residents and attendings.



Attendance at all academic events is mandatory. The exact schedules will be determined, collaboratively, by the externship director and the residents. A typical month will usually include the following:

- Radiology Rounds
- Journal Club
- Topic Review
- Grand Rounds
- Dissection Lab

The residents will provide additional details on each of these, and you will be given adequate time to prepare for each event.

# **Residency Program History**

2022

New Director: Chad Farley, DPM

2017

New Director: Craig Clifford, DPM

2016

Fellowship program started

2012

Program converted to PMSR/RRA

2011

Program approved to accept two residents per year

2009

Grand Opening of the Franciscan Foot & Ankle Clinic (Resident Clinic)

2009

Approval for second resident position by CPME

2008

Program moved to St. Francis Medical Office Building

2007

Began expanding to include all CHI Franciscan Health facilities

2007

New director: Byron Hutchinson, DPM

2005

Externship program started

2004

CPME approval for PM&S-36 status

2003

New director: Terry Felts, DPM

2002

CPME approval for PSR-24 status

2002

New director:

Mike Mischalanie, DPM

2001

Program relocated to St. Francis Hospital

1997

New director:

Byron Hutchinson, DPM

1990

"Green River Podiatry Residency" began, Director: Gerald Kuwada, DPM

# **IFAF Affiliation**

We are very lucky and blessed to be affiliated with the International Foot and Ankle Foundation. More information can be found regarding IFAF at www.internationalfootankle.org.

# From their website:

The International Foot & Ankle Foundation for Education and Research (IFAF) has continually grown, changed and expanded. The IFAF now supports 12 residents in the NW Podiatric Surgical Residency Consortium; offers more high-quality local, regional and international educational programs; provides an online scientific journal at FAOJ.org; and helps support the Yucatan Crippled Children Project twice a year.

# **Our Mission**

IFAF is a nonprofit organization established in 1979 and is dedicated to providing the highest level of continuing medical education programs in exciting venues around the world and providing increased revenue to help support continuing education, research, the Swedish Podiatric Surgical Residency Program, the Virginia Mason Franciscan Health - St. Francis Hospital Podatric Residency and the NW Podiatric Surgical Biomechanics Research Laboratory in Seattle, Washington.

The Virginia Mason Franciscan Health - St. Francis Hospital Podiatric Residency Program consists of a robust Podiatric Medicine and Reconstructive Rearfoot/Ankle Surgery Residency, and a month long Externship Program for Podiatric Medical Students across the country.

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